



## Fall "Day of Play" 5K Run (or Walk or Bike)

September 24<sup>th</sup>, 2011

5K Run/Walk begins at 8:30 at **Lander Valley High School Parking Lot** (please note location is different than last year). Kids' bike races will begin immediately following. Prizes will be awarded for the top placers in each category. All participants will receive a t-shirt and family pass to the museum for a "Day of Play" that can be used the same day or on another date.

Registrations must be received by September 10<sup>th</sup> in order to receive your t-shirt on race day.

Registration and Waiver form (PLEASE PRINT; Use separate form for each person)

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Name of Racer \_\_\_\_\_ Address \_\_\_\_\_ Phone \_\_\_\_\_

Male or Female (circle one)      Age \_\_\_\_\_      Shirt Size (Circle one): Adult   S   M   L   XL   Youth   XS   S   M   L

<b>Event and category (circle one)</b>	<b>Fee</b>
5K Run (adult)	\$20
5K Walk (non-competitive)	\$20
5K Run (age 16 and under)	\$10
Kids' Bike (age 12-16)	\$10
Kids' Bike (age 7-11)	\$10
Kids' Bike (age 6&under or those just learning w/o training wheels)	\$10
Kids' Bike (training wheels age 4&up)	\$10
Kids' Bike (training wheels 3 and under)	\$10
Kids' Bike (tricycle)	\$10
Kids' Bike (stride bike)	\$10

Sign and Mail entry form and fee to: Lander Children's Museum, PO Box 533, Lander WY 82520. **HELMETS REQUIRED!**

Waiver: I, the undersigned participant (or guardian if less than 18) do hereby for ourselves and heirs, executors, administrators and assigns, forever waive, release and discharge any and all rights claims and actions for damages that we or any of us may have or that may hereafter accrue to us or any of us, against any and all persons, organizations and entities associated with the Fall Fest Fun Run/Walk/Bike event. I also authorize the free use of my name and/or pictures in any media coverage of this event or promotional literature for the Lander Children's Museum.

Signature (Parent/Guardian if under 18) \_\_\_\_\_ Date: \_\_\_\_\_